



# Alumni Newsletter

Reflections 2015

*NEW OFFICE BEARERS*

*UPDATES 2015-2016*

*COLLEGE AND STUDENT ACTIVITIES*



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College of Nursing  
Pondicherry Institute Of Medical Sciences.

8/3/2016



COLLEGE OF NURSING  
PONDICHERRY INSTITUTE OF MEDICAL SCIENCES

*Reflections -2015*

**OFFICE BEARERS**

<u>PRESIDENT</u>	<u>VICE PRESIDENT</u>	<u>ALUMNI SECRETARY</u>	<u>JOINT SECRETARY</u>
Dr. Rebecca Samson Dean, College of Nursing	Mrs. Sujatha HOD , Dept of Nursing Foundation	Mrs. Annie William Assoc.Professor Dept of Com Health Nursing	Mrs. Merlin Rajakumari  Lecturer. Dept of Com Health Nursing
<u>TREASURER</u>	<u>JOINT TREASURER</u>	<u>ZONAL REPRESENTATIVES</u>	
Mrs. Jayasankari. S Addl. Vice – Dean College of Nursing	Mr. Vinodh Selvan Asst professor Dept of Mental Health Nursing	INDIA	ABROAD
		<u><i>Pondicherry</i></u> <i>Mrs.Indrani</i> (M.Sc Batch of 2013)  <u><i>Tamilnadu</i></u> <i>Ms.Judith Blessy</i> (P.B.B.Sc Batch of 2012)  <u><i>Kerala</i></u> <i>Ms.Jeeya Zera Iype</i> (M.Sc Batch of 2013)  <u><i>New Delhi</i></u> <i>Ms. Christina Acha Varghese</i> (B.Sc Batch of 2010)  <u><i>North East.</i></u> <i>Mrs. Shika Andrias</i> (M.Sc Batch of 2013)	<u><i>Australia</i></u> <i>Ms.Lincy raigon</i> ( B.sc. Batch of 2015) <u><i>U.S.A.</i></u> <i>Ms. Kezia Thomas</i> (B.sc. Batch of 2008) <u><i>Saudi Arabia</i></u> <i>Ms. Rincy Lopez</i> (B.sc. Batch of 2008) <u><i>U.A.E</i></u> <i>Ms.Lizu Rachel</i> (B.sc. Batch of 2008)

## *GREETINGS FROM THE ALUMNI PRESIDENT*



*Dear Alumni*

*Greetings to you from your alma mater, College of Nursing, Pondicherry Institute of Medical Sciences. I am happy to meet you through Reflections 2105 and I am pleased to inform the academic excellence that our college has achieved through this newsletter*

*I enjoy hearing from alumni and even more eager to meet you in the alumni meet or during your visit to P.I.M.S. With best wishes*

*Dr. Rebecca Samson  
Alumni president*

## *2015 UPDATES*

### *Integration of Nursing Services and Education*

College takes its pride to inform you that First meeting for the ***Integration of education and services*** took place at College of Nursing in January 2015 . Dr John Abraham- Director Principal, Dr Udith das -Medical Superintendent, Dr. Rebecca Samson Dean College of Nursing Capt Susan- Nursing Superintendent along with all the faculty College of Nursing met together and the eligibility criteria for various faculty positions at College and Services were discussed,

- Commencement of Nursing Integration by March 2<sup>nd</sup> 2015.
- Successfully we completed the Nursing Integration for the period of one year.
- Now we have 5 Professors ,1 Associate professor, 6 Asst professors 29 Lecturers and 1 Tutor taking up Nursing service responsibilities as Nursing Superintendent , Deputy Nursing Superintendent, Asst. Nursing Superintendents, Departmental incharges and ward incharges.

## *Disaster Management Programme and Mock Drill*



College of Nursing held a Disaster management programme was held on 18.2. 2015 Mr.S.Sandira kumar, Revenue officer UT of pudhucherry , presented a topic on Structural arrangement - Disaster preparedness and Response, Emergency communication facilities followed by speech on Prevention and Mitigation efforts capacity building activities by Mr.V. Mahadevan-Thalisdar (DM)

Mass casualty response, role and responsibilities of the student body Various Departments of college of nursing conducted **A Mock Drill On Fire Outbreak** at College of Nursing Involving PIMS Security Service, Emergency Services and Kalapet Fire services and Press & Media. the mock drill was a grand success and took the appreciation of many.

### *E - learning*

Electronic learning method named Moodle e- learning was introduced in PIMS. Dr Peter Prasanth Professor Dept of Pediatrics is the coordinator of the programme. A separate website was created and faculty can upload lectures and plans in the website students can access this through their mail IDs. Dean's office and Faculty have access to update the curricular activities.

### *International Collaborative Research.*

College of nursing with the collaboration with Dr Alex Zacchariah researcher from USA Chigago, has initiated a International Collaborative research on “Moving for fitness –FACT”(Fitness Assessment Chair Test) for the first time in India to validate the tool on FACT – as a pilot project.

*Conferences and Workshops held .*



We have conducted 4<sup>th</sup> National Conference, 1<sup>st</sup> National Seminar and 1<sup>st</sup> National Workshop. Eminent speakers and delegates from different parts of the country participated in these Scientific Sessions., We also had Paper Presentation and Poster Competition to add more light to the conference .

<i>4<sup>th</sup> National Conference</i>	<i>“Infertility, pain &amp; domestic violence: Is surrogacy really Ethical?”</i>	<i>15.4.15</i>
<i>National Seminar</i>	<i>Righteous sampling &amp; sample size calculation</i>	<i>16.4.15</i>
<i>National Workshop</i>	<i>Foundation of Nursing Research: Scientific paper writing &amp; publication Ethics</i>	<i>17.4.15</i>

*Awards received by Dr Rebecca Samson Dean CON.*

<p>1.Out standing Medical Social Worker Award</p>	<p>ByJCI, Puducherry for the year 2013</p>	
<p>2.Best Citizens of India Award 2015</p>	<p>By International publishing house New Delhi, India.</p>	
<p>3 .Dr. APJ Abdul Kalam Gold Medal award 2015</p>	<p>Global Economic Progress and Research Association</p>	

*Promotions*

Dr.Malarvizhi and Mrs.Jayasankari were promoted as Professors

Prof .Malliga Rajadurai was awarded PhD in Nursing by National PhD Consortium INC affiliated to RGUHS.

*Resignations*

Mrs. Kiruba prassanna Asst.professor in Maternity Nursing married and joined her husband at Abudhabi.

*Faculty on study leave*

Mrs. Parvinkumari, Sr.Tutor joined M.Sc Nursing in Obstretics and Gynaecology.

## *COLLEGE EVENTS*

### *Alumni meet*

We had 2<sup>nd</sup> Alumni meet held on 5.3.15. The new alumni were honoured with Alumni badges .The New office bearers and zonal representatives were elected .we also had a ***Guest Lecture On Nutrition And Healthy Living*** by Dr,Anil Purty, Professor Dept of Community Medicine & Registrar PIMS .We appreciate all the intra and extramural alumni and also the associate members who took part in the alumni meet.

### ***Baccalaureate And Graduation Ceremony (8<sup>th</sup> Batch Of B.Sc, 1<sup>st</sup>Batch of P.B.BSc, 1<sup>st</sup> Batch of M.Sc )***

The Baccalaureate service was held on 5.3.15 with the theme ***Clay That Can Be Molded*** .Rev Anand Peacock ,Chaplain PIMS shared the message.



### **Graduation ceremony**

The 8<sup>th</sup> Batch Of B.Sc , Ist Batch Of P.B.Bsc and Ist Batch Of M.Sc Nursing Students had their graduation ceremony on 06.03.2015 and awarded with their degree .***Dr.Josephine Little Flower Nursing Advisor G.O.I. was the chief guest and Prof. S.Pannirselvame Registrar Pondicherry university was the guest of honour.*** The meritorious students were honoured during the ceremony .




*Lamp lighting ceremony – Bsc Batch of 2015*

The B.Sc Nursing Students Batch of 2015-19 had their lamp lighting ceremony on 23.10.15  
**Dr. Selva Titus Chacko, Dean, CON – CMC, Vellore** was the chief guest.






**OTHER EVENTS**

Apart from the conferences held, College also conducted events independently and also by joining hands with other departments of P.I.M.S.

EVENTS	FOCUS	DATE	
23 <sup>rd</sup> World Breast Feeding week	Theme of “Breast feeding and work – let’s Make it Work” coordinated by CON & Dept. of Paediatrics	1 <sup>st</sup> Week of August 2014	



<p><i>Fresher's Welcome</i></p>	<p><i>M.Sc(N), P.B.Bsc(N) and B.Sc(N) 2015-16 Batch</i>  <i>The chief guest was Dr. John Abraham, Director Principal, PIMS</i></p>	<p>03.08.15</p>	
<p><i>Community Orientation Program</i></p>	<p><i>The 1st year Bsc nursing students had COP at chinnakohuvari. Dr. Sheela Kuruvilla, Dean PG was the chief guest for the Inauguration program.</i></p>	<p>26.10.15  To  31.10.15</p>	
<p><i>Annual sports meet</i></p>	<p><i>"Kartos " won the overall Championship.</i></p>	<p>21.2.2015</p>	

### *Religious activities held*

- **ENFI** - Evangelical nurses fellowship of India Conducted a one day retreat on 21.02.2015 around 300 students and faculty participated .Mrs.J.Starlet Issac the National Coordinator gave message on *Quite Time With Jesus*

- **Annual retreats**

Annual retreat for All the batches of students (UG ,PG) and also for faculty was conducted for the first time at Transworld Radio center. Paramankeni .The retreat was coordinated by the Chaplaincy department.PIMS

- **Other Activities**


We also had routine activities like Journal Club Presentation, Staff Development Programmes Celebrating World Health Days, Staff Annual Picnic

## STUDENT ACTIVITIES-

Students had several occasions to exhibit their talents by participating in Conferences, SNA & NSS activities ,Aura and bagged the prizes

EVENTS	FOCUS	DATE	
<i>NSS CAMP at Sedarapet</i>	<i>Clean environment is good health</i>	<i>19.3.15 To 25.3.15</i>	
<i>SNA Biennial Conference held at Chithirai CON, Madurai</i>	<i>"B.Sc.(N) 2010 Batch</i>	<i>9.4.15 To 11.4.15</i>	
<i>SNA Cabinet Election</i>	<i>144 B.Sc. (N) Students participated in voting. New Office Bearers were selected for the year of 2015 -2016</i>	<i>15.7.15</i>	
<i>Anti Dengue Campaign by NSS Volunteers</i>	<i>Guest Speaker Dr. P. Bhasker, Senior Entomologist, Dept. of. Public &amp; Preventive Medicine, Cuddalore.</i>	<i>28.07.15</i>	
<i>Anti Dengue Campaign</i>	<i>Preparation &amp; Distribution of " Nila Vembu Kashayam" by M.Sc(N) II Year students</i>	<i>28.07.15</i>	

EVENTS	FOCUS	DATE	
<i>AURA Programme</i>	<i>B.S.c(N), P.B.B.Sc(N) &amp; M.S.c(N)</i>	05.08.15 To 08.08.15	
<i>SNA Handing over Ceremony</i>	<i>Students presented Annual reports of various committees.</i>	12.08.15	
<i>Farwell to seniors</i>	<i>B.Sc(N)2011 - 2015 Batch</i>	13.08.15	
<i>Dr .A.P.J.Abdul kalam birthday</i>	<i>Tree plantation and competitions on swatch bharat</i>	15.10.15	
<i>Walkathon for diabetes awareness</i>	<i>Organized by NSS along with the state health mission Dr.K.V.Raman Director of Medical Services .Ministry of health and family welfare Pondicherry was the chief guest .</i>	15.11.15	
<i>National Constitution Day</i>	<i>Organized by M.Sc(N) 2nd year students in coordination with Election Department Govt of Pudhucherry.</i>	26.11.15	

<i>EVENTS</i>	<i>FOCUS</i>	<i>DATE</i>	
<i>SNA Christmas Programme</i>	<i>God Joul -2105</i>	<i>18.12.15</i>	

Students also participated in various University based Cultural and Sports events, Celebration of National and International days.

### *VISITORS TO CON, PIMS*

#### *GUEST VISIT*

*Mrs. Hepsiba kirubai Faculty from Anglia Ruskin University* visited us on 26.9.15 and gave speech on Scope of Nurse in U.K.

*Dr. Alex Zacchariah Guest speaker on Moving Mindfully* visited us from Chicago U.S.A on 9.2.16 .He also gave a guest lecture on importance of moving mindfully and initiated an international Collaborative Research activity on FACT at College Of Nursing.

#### *STUDENTS VISIT*

We had 8 Colleges of Nursing visiting us last year to upgrade their knowledge on administration and infrastructure facilities at our college and hospital as part of their curricular requirement.

*M.Sc students* from PSG College Of Nursing Coimbatore ,Omayal Achi College Of Nursing Chennai and JIPMER College Of Nursing Pondicherry

*B.Sc nursing students* form Pauls College Of Nursing Vanur , Padmasri Dr.Sivanthi Adidthanar College Of Nursing Tiruchendur ,Final year students of College Of Nursing Madras Medical Mission, Student Nurses from Raak Nursing and Paramedical sciences. Students from Vinayaga mission College of Nursing Pondicherry visited us

*College of Nursing P.I.M.S is looked upon as a Role model college for its outstanding quality of education.It is remarked well for its Facilities, Well qualified Faculty and Services especially the Model of Integration of Education to Services.*

## *Our Extra Mural Alumni*

### *United States of America*

- *Ms. Keziah Thomas*
- *Ms. Jeril George*
- *Ms. Meera Murali*
- *Ms. Dania Susan Abraham*
- *Ms. Bindu Daniel*
- *Ms. Christina Eapen*

### *Canada*

- *Ms. Laiby Susan Varghese*
- *Ms. Matilda Chacko*
- *Ms. Sherin Varghese*

### *Australia*

- *Ms. Nima Mathe*

### *Bahrain*

- *Ms. Lizu Abraham*
- *Ms. Neena Rachel*

### *Abu Dhabi*

- *Ms. Anju Jacob*
- *Ms. Sidi Varghese*
- *Ms. Remya Anna Mathen*

### *Kuwait*

- *Ms. Anu Kurian*
- *Ms. Leeba Thomas*
- *Ms. Jinu P Varghese*

### *Qatar*

- *Ms. Deepa*
- *Ms. Dini David*
- *Ms. Rikku Sara Abraham*

### *Saudi Arabia*

- *Ms. Sherin Varghese*
- *Ms. Sharon Varghese*
- *Ms. Jibi Mol Mathew*
- *Ms. Demy Sebastian*
- *Ms. Premsy George*
- *Ms. Rinzy Lopez*
- *Linju Varghes*

### *Dubai*

- *Ms. Dayana Aleya*
- *Ms. Sinu Varghese*
- *Ms. Daliet. P*

### *Muscat*

- *Ms. Rama Prabha*

### *Sharjah*

- *Ms. Reena Varghese*

*Dear Alumni We are happy to inform you we have been growing in all our academic endeavours with the grace of the lord Jesus Christ .We will be more happy if you update us with your interesting events ,success, change of place and matters that can be communicated through e.newsletter*

*Write to us , Stay informed .God bless you*

*Mrs. Annie William  
(Alumni Secretary)*